

Howard County Local Health Improvement Coalition

Full Coalition Meeting

October 1, 2020 10:00 am - 12:00 pm

Virtual Meeting

Minutes

Members Present

Leslie Adams, HC Health Department
Alice Blayne-Allard, Howard County Dental Association
Erin Anderson, Howard County Health Department
Erin Ashinghurst, Accessible Resources for Independence
Candace Ball, Howard County Government
Mary Ann Barry, Transition Howard County
Karen Basinger, University of MD Extension
Miriam Bennett, HC Health Department
Shereen Cabrera-Bentley, LCSW-C, Deputy Director,
Bureau of Behavioral Health, Howard County Health
Department
Melanie Berdyck, Giant Food
Roe Rodgers-Bonaccorsy, HC Health Department
Erin Bonzon, Office of Children and Families
Carol Boyer, Delphi Behavioral Health Group
Genevieve LaPorte Buck, Howard County Dept. Of
Corrections
Malarie Burgess, HC Dept. of Community Resources and
Services
Tara Butler, Howard County General Hospital
Susan Camardese, Maryland Office of Oral Health
Tiffany Callender, Horizon Foundation
Shanika Cooper, HC Health Department
Jenna Crawley, HC Dept. of Community Resources and
Services
Carlos Crus, Howard County Dental
Jeannie DeCray, Office on Aging and Independence
Mike Demidenko, Howard County DSS
Felicia Dortch, Columbia Medical Practice
Joan Driessen, Association of Community Services
Manuel Evangelista, AAA Physical Therapy
Olivia Farrow, St. Agnes Hospital
Bruce Fulton, Neighbor Ride
Ninping Feng, Chinese American Community Health
Services
Natalie Hall, HC Health Department

Jennifer Lee, Office on Aging and Independence
Vanda Lerdboon, HC Health Department
Sonya Lloyd, HC Health Department
Aisha Masood, Community Member
Ted Meyerson, AARP Maryland
Amy McCarthy, HC Health Department
Kelly McMillan, Howard Community College
Kirsten Minor, HC Health Department
Andrew Monjan, Community Member
Colleen Nester, HC Health Department
Carson Nickell, Howard County Recreation and Parks
Tracy Novak, Howard County General Hospital
DeWayne Oberlander, Columbia Medical Practice
Ekere Olojola, Howard County Public Schools
Jonathan Ortega, Healthcare Access Maryland
Emily Paterson, Maryland Poison Center
Reena Rambharat, HC Health Department
Kirsten Robb-McGrath, Community Member
Raffi Rodrigo, Community Member
Cyndi Rogers, Winter Growth Inc.
Maura Rossman, HC Health Department
Razan Sahuri, University of MD Extension
Pat Sasse, This Point Forward
Glenn Schneider, The Horizon Foundation
Joan Webb Scornaienchi, HC Drug Free
Emma Schreier, HC Health Department
Steven Snelgrove, Howard County General Hospital
Lynn Song, Howard Chamber of Commerce
Nette Stokes, Just Living Advocacy
Erica Taylor, HC Dept. of Community Resources and Services
Rashel Taylor, The Horizon Foundation
Lisa Terry, HC Dept. of Community Resources and Services
Shelby Thomas, Chase Brexton
Joi Johnson-Weaver, MD, Board Certified Family physician,
Resolve MD: Direct Primary Care
Heidi Weiss-Beedie, HC Health Department

Loretta Hoepfner, MD Chapter, American Academy of Pediatrics
 Michelle Holder, Office on Aging and Independence
 Bonnie Horvath, Qlarant
 Sabrina Hsu, Chinese American Community Health Services
 Lois Joellenbeck, HC Health Department
 Janet Jones, Qlarant

Kathy Wehr, Office on Aging and Independence
 Jeffrey Wetstone, Community Member
 Jennifer White, The Horizon Foundation
 Matt Wilson, Howard County Health Department
 Patricia Wright, Aetna Inc.
 Fariborz Zarfeshan, Alfa Specialty Pharmacy

Staff Present:

Kelly Kesler, HCLHIC Program Director
 Seojin Kim, HCLHIC Program Coordinator

Rodney Oldham, HCLHIC Program Coordinator

Guests Present:

Lisa Ellis Marr, Project Manager, Center for Population Health Initiatives, Maryland Department of Health
 Anna Shao, MPH, CHES, Program Coordinator, Horowitz Center for Health Literacy, University of Maryland School of Public Health
 Melissa Gibson, Community Member
 James Gutman, Community Member
 Rya Griffis, Horowitz Center for Health Literacy, University of Maryland School of Public Health
 Kamree Hall, Community Member
 Maria Lima, Community Member

Topic/Agenda	Discussion	Action/Follow-up
<p>Welcome and Introductions</p>	<p>Dr. Maura Rossman, Health Officer for the Howard County Health Department and Coalition Co-Chair called the meeting to order at 10:01 a.m.</p> <p>Dr. Rossman and Mr. Snelgove provided a welcome to new participants and Coalition members in attendance.</p>	<p>Guests and those interested in joining the HCLHIC may access information about membership at: http://www.hclhic.org/membership/membership</p>
<p>Presentation (s)</p>	<p>Presentations were made by the following:</p> <p>Maryland Diabetes Action Plan Lisa Ellis Marr, Project Manager, Center for Population Health Initiatives, Maryland Department of Health discussed the Maryland Diabetes Action Plan and collaborative efforts with Local Health Improvement Coalitions throughout Maryland.</p> <p>Anna Shao, MPH, CHES, Program Coordinator, Horowitz Center for Health Literacy, University of Maryland School of Public Health discussed the collaborative efforts to address Health Literacy in support of the Maryland Diabetes Action Plan.</p>	<p>Handouts and today’s presentation will be available at http://www.hclhic.org/news-events/lhic-and-partner-events/seminars-and-educational-events</p> <p>To learn more about the Maryland Diabetes Plan and collaboration with the University of Maryland School of Public Health:</p> <p>View the Maryland State Diabetes Action Plan, at:</p>



	<p>Local Diabetes Action to Address Health Disparity – Coalition Member Highlight Joi Johnson-Weaver, MD Board Certified Family physician Resolve MD: Direct Primary Care presented on the Resolve MD Telehealth Covid-19 program the practice is offering via a no-cost fully virtual form of direct primary care to Black people ages 24-64. The program’s aim is to decrease the chance of severe disease or death by Covid-19 in Blacks from 1) racial discrimination in healthcare settings 2) lack of access to medical care due to health inequity and 3) management of chronic medical conditions that put Blacks at higher risk of death from Covid-19.</p> <p>Mental Health Campaigns Shereen Cabrera-Bentley, LCSW-C, Deputy Director, Bureau of Behavioral Health with the Howard County Health Department presented on the Howard County Health Department Mental Health Campaign</p> <p>Tiffany Callender from the Horizon Foundation spoke about Emotional Support Humans</p> <p>Flu Vaccination and COVID -19 updates</p> <p>Erin Anderson, Coordinator for Maternal and Child Health with the Howard County Health Department discussed flu vaccines, Howard County Health Department Flu Vaccine Plan for 2020 and the differences between the flu and COVID-19</p> <p>Bruce Fulton, Executive Director for Neighbor Ride discussed how they’ve expanded their services during COVID-19 to include providing food delivery to food banks, added delivery services for durable medical equipment to clients, and providing free rides to any</p>	<p>https://phpa.health.maryland.gov/CC/DPC/Pages/diabetes-action-plan.aspx</p> <p>View Maryland Department of Health’s recorded Provider and Diabetes Education Webinars, at: https://lp.constantcontactpages.com/cu/zAIP36Q/managingdiabetes</p> <p>For more information about the Health Literacy conference, contact Anna Shao with the Horowitz Center for Health Literacy, University of Maryland School of Public Health at ashao@umd.edu or register for at: www.hlia-harconf.org</p> <p>To learn more about the Resolve MD Telehealth Covid-19 program contact Dr. Joi Johnson-Weaver and Resolve MD: Primary Direct Care at 443-574-4439 or visit https://resolvemd.org</p> <p>Coalition members are asked to share the mental health campaign messages available through both the Howard County Health Department and the Emotional Support Human Campaigns. Visit http://www.hclhic.org/resources/action-alerts/2020-action-alerts/october-2020 and www.supporthuman.org.</p> <p>For more information about Seasonal Flu visit: https://www.howardcountymd.gov/Departments/Health/Immunization-Disease-Prevention/Flu-Information</p> <p>For more information on HCHD COVID-19, visit: https://www.howardcountymd.gov/Departments/Health/MM-Alerts-and-Recalls</p>
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	<p>Howard County senior over age 60+ to get their flu vaccination</p> <p>Matt Wilson, Public Affairs Specialist with the Howard County Health Department highlighted the Health Department’s continual efforts to get the messaging out to the citizens of Howard County via social media of the importance of flu vaccine and getting vaccinated. Encouraged all members to share on social media among their groups as well.</p> <p>Tracy Novak, Population Health Leader with the Howard County General Hospital shared that the hospital has partnered with the Health Department to do pop-up community COVID-19 testing with faith-based communities through the Journey to Better Health Program.</p> <p>Tara Butler, Health Promotion Program Manager with the Howard County General Hospital further emphasized the importance of building trust within the community and the hospital’s effort to continue to serve vulnerable populations through opportunities such as community COVID-19 Testing.</p> <p>Kelly Kesler, HCLHIC Director discussed LHIC’s Strategic Planning process moving forward and its emphasis on equity and access. Highlighted that LHIC will continue to coordinate and amplify efforts of LHIC partners.</p>	<p>HCPSS is offering Free Flu Shots for Students and Staff. For more information visit: https://www.hcpss.org/health/</p> <p>For information about the Neighbor Ride program or to sign-up, call 1-410-884-7433 or visit https://www.neighborride.org/freeride/</p> <p>For more information about HCGH COVID-19 Community Testing, visit: https://www.bit.ly/j2bh-testing</p>
<p>Announcements</p>	<p>Coalition members were asked to share announcements about upcoming programs and activities with everyone in the Chat Box.</p> <p>Members were encouraged to provide event information for inclusion on the HCLHIC website.</p>	<p>Minutes from the meeting will be available prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal</p>



Manuel Evangelista from AAA Therapy shared that his organization offers a Weight Loss class and Strength through Stress sessions to help with mental health and that these sessions highlight nonprofit organizations. They can be viewed at

<https://www.youtube.com/watch?v=RrUKW2tqkXw&list=PLrRWeCmQ9J0XmM6pq6pXlCo7DRGeTb-vq>

In addition to Walk Maryland Day on October 7, 2020. During the month of October, the University of Maryland Extension and Maryland Department of Transportation will offer four webinars to celebrate **Walktober**.

- **Webinar 1: Thursday, October 1, 2020 - [Get Maryland Walking: What Can We Do?](#)**
- **Webinar 2: Thursday, October 15, 2020 - [Pedestrian Infrastructure, Safety, and Health](#)**
- **Webinar 3: Thursday, October 22, 2020 - [New Trends and Technologies to Support Walkability and Walking](#)**
- **Webinar 4: Thursday, October 29, 2020 - [Maryland Community Walk Initiatives](#)**

Karen Basinger of the University of Maryland Extension - Howard County noted that her office offers diabetes nutrition classes. They have numerous class options and the latest one is Dining with diabetes, which is a series of 4 lessons. For more information, email her at: kbasinge@umd.edu

The Horizon Foundation, alongside its partners with the Streets for All Coalition, will host a virtual walk audit

		<p>on October 21, 2020. For more information, please visit: https://hcstreetsforall.org/virtual-walk-audit-2020/</p> <p>NAMI Howard County is offering a Peer Veteran Support Group - NEW. This group will meet the first Monday of each month - Oct 5, Nov 2*, Dec 7, Jan 4 and Feb 1 from 5:30 – 7pm For more information about the group, call Yulanda at 410-772-9300 or email her at: yblackston.namihc@gmail.com or visit: https://namihowardcounty.org/programs-support-groups/support/</p>
Wrap Up and Adjournment	The coalition meeting was adjourned at 12:00 p.m.	

Future Meeting Dates:

Full Coalition Meeting TBD

WORK GROUP MEETINGS

TBD

HCLHIC Action Group Meetings Dates/Times TBD as appropriate.

- *Access to Care Action Groups:* Asthma; Chronic Disease Self-Management Programs; Dental
- *Behavioral Health Action Groups:* Mental Health First Aid/Suicide Intervention
- *Healthy Aging Action Groups:* Alzheimer’s and Dementia/Falls Prevention Integration;
- *Healthy Weight:* Nutrition
- *Other:* Communication; Continuing and Community Education

Please note action groups will be formed and meet as needed and/or on a schedule determined by group. All HCLHIC members are welcome to participate. Updates on actions will be provided to Full Work Groups during quarterly meetings. If you have questions or are interested in participating in a specific action group, please contact kkesler@howardcountymd.gov